

Mental Health Resources

*Please call **911** if you or a loved one is experiencing a mental health crisis.*

Statewide/All Counties

Youth Crisis Mobile Response

Phone: CALL/TEXT/CHAT to 988

Phone: 1-833-885-CARE

Open 24/7

www.heartlineoklahoma.org

Why should you contact 988?

- If you are facing difficulties, it's perfectly fine to open up about your emotions.
- Whether you are contemplating suicide or simply need emotional support.
- If you have concerns about a friend, family member, or loved one, assistance is always available.

988 is accessible to non-English speakers and individuals who are deaf or hard of hearing.

These trained crisis counselors can guide you through any mental health crisis you or someone you know may be experiencing.

Also provides call center services to 76/77 counties in Oklahoma. Provides on-site face-to-face assessment and services to Oklahoma county. Licensed professional counselors on staff

Comanche County

Southwestern Behavioral Health Center

Phone: 580-536-0077

Phone: 888-536-6302

Open 24/7

5602 SW Lee Blvd

Lawton, OK 73505

<https://swmconline.com/behavioral-health>

Inpatient program for ages 4-17.

Canadian County

Red Rock Canadian Valley

Phone: 405-422-8800

Open 24/7

7777 E. Hwy 66

El Reno, OK 73036

<https://www.red-rock.com/crisis.php>

<https://www.red-rock.com/childrens-services/>

Community based crisis stabilization center that assesses and refers to appropriate level of care. Length of stay will typically not exceed 7 days. Ages 10-17

Red Rock Yukon

Phone: (405) 422-8869

Open 24/7

1501 W. Commerce St

Yukon, OK 73099

<https://www.red-rock.com/crisis.php>

<https://www.red-rock.com/childrens-services/>

Community based crisis stabilization center that assesses and refers to appropriate level of care. Length of stay will typically not exceed 7 days. Ages 10-17

Garfield County

Integriss – Meadowlake

Phone: 580-234-2220

Phone: 1-800-759-2211

Open 24/7

2216 S. Van Buren St.

Enid, OK 73703

<https://integrisok.com/locations/mental-health/integriss-meadowlake>

Three different units designed to meet the needs of children ages 5-12, adolescents ages 13-17 and dually diagnosed adolescents ages 13-17.

Grady County

Red Rock Chickasha

Phone: 405-222-0622

Open 24/7

804 W. Choctaw Ave

Chickasha, OK 73018

<https://www.red-rock.com/crisis.php>

<https://www.red-rock.com/childrens-services/>

Community based crisis stabilization center that assesses and refers to appropriate level of care. Length of stay will typically not exceed 7 days. Ages 10-17

Oklahoma County/Metro OKC:

Northcare

Phone: 405-858-2700

M-F 8 am-3 pm/Saturdays -- appt. only

4436 NW 50th St.

OKC, OK 73112

NorthCare offers a variety of mental health services, including mental health assessment. They do not provide inpatient treatment, so if they assess a student who is in need of inpatient treatment, they will send them to a place that offers it.

St. Anthony's ER

Phone: 405-272-7000

24/7 (ER)

1000 N Lee Ave.

OKC, OK 73102

<https://www.ssmhealth.com/locations/st-anthony-hospital>

Emergency Room. You can call before or get on their website to hold your place in line at the ER or possibly to a telehealth check.

Planet Rock

Phone: (405) 267-3246

Monday-Thursday 8-5

Friday 8-4

4130 N Lincoln Blvd

Oklahoma City, OK 73105

<https://www.red-rock.com/childrens-services/>

Outpatient program serving children and adolescents up to 17 years of age.; trauma-informed environment. Offers emergency services

Red Rock Children's Crisis Unit

Phone: 405-425-0333

Phone: 1-855-330-1374

24/7

4404 N Lincoln Blvd

Oklahoma City, OK 73105

<https://www.red-rock.com/crisis.php>

<https://www.red-rock.com/childrens-services/>

Community based crisis stabilization center that assesses and refers to appropriate level of care. Length of stay will typically not exceed 7 days. Ages 10-17

Cedar Ridge Behavioral Hospital

Phone: 405-792-5330

24/7

7600 NW 23rd St

Bethany, OK 73008

Phone: 405-605-6111'

6501 NE 50th St

Oklahoma City, OK 73141

<https://cedaridgebhs.com>

Short-term, inpatient psychiatric and longer term residential services for children and adolescents (ages 5-17), Adult services at the Bethany location

Integrus Mental Health – Spencer

Phone: 405-427-2441

24/7

2801 N. Spencer, OK 73084

<https://integrisok.com/locations/mental-health/integrus-mental-health-spencer/services/childrens-mental-health-services/child-and-adolescent-programs>

Intensive programs designed to treat children (ages 5-12) and adolescents (ages 12-17), offering both an acute and residential level of care.